

MY DAILY AFFIRMATIONS

- 1) I have courage to be who God intended for me to be
- 2) I am disciplined and committed
- 3) I am compassionate towards the needs and struggles of others
- 4) I think ahead and plan ahead
- 5) I always come prepared
- 6) I use my time wisely
- 7) I greet people by name and speak when others speak to me
- 8) I look for ways to be helpful
- 9) I make wise decisions
- 10) I give my best effort in whatever I do
- 11) I am teachable and reliable
- 12) I am truthful; I can be trusted
- 13) I keep my word and all my promises
- 14) I am kind
- 15) I am respectful
- 16) I set good goals and achieve them
- 17) I am loved and loving
- 18) I am a good friend
- 19) I am a success and help others succeed
- 20) I am forgiving
- 21) I am patient
- 22) I encourage and inspire others
- 23) I am humble; I am brave

JosiahKids Incorporated is a faith-based 501(c)(3) nonprofit organization with a mission to educate, empower, and equip young students and teens in the local community in the areas of faith, leadership, community service, athletics, and the arts.

An **affirmation** is a declaration or a statement of proclamation that maintains that something is true in its completed state.

Reminding ourselves daily that we are brave, accepted, and loved gives us courage to be exactly that—fearless, discerning, confident, and wise.

"People are usually rewarded in public for what they CONSISTENTLY do in private. Professional athletes, musicians, Olympic gold medalists are all up EARLY in the dark hours of the morning doing what makes them great--without applause. Determine to develop a 'doing hard things privately' mindset. The reward and applause will come later. And with those private victories, many open doors."---

Marlene Maina Founder, JosiahKids